



KURME

HEALTHY SNACKS





Our story begins with our grandma. It was her artisan recipes of delicious **“dried fruit energy bombs”** that shaped our food philosophy.

And it was her stories about our connection to nature that inspired our life choices. Years later, these stories and recipes established our business vision:

Healthy snacks that connect us with our nature and our past.

That's why we are fully committed to our “Healthy Snack in Your Bag” concept. We have never stopped asking ourselves: “How can we further our grandma's legacy?” To do that, we have aimed to create awareness for dried fruit based, all-natural healthy snacks. A good example of this is our very own KURME brand: **Healthy, non-GMO, vegan, raw, high-fiber snacks that are made from only the highest quality fruits, nuts and seeds with no added sugar or preservatives.** With health being our utmost priority, we continuously strive to help change peoples' snacking habits from **sugary generic products to delicious healthy alternatives.** While we work towards **convenient solutions** that are inspired by market needs and powered by the latest technologies, we are also continuously expanding our global reach.

Founded in 1985, Kurme has been pioneering fruit-based snack production in Turkey. With multiple production facilities in different fruit harvesting locations throughout Turkey and a final packaging and processing facility at Izmir Free Trade Zone, Kurme has reached a capacity of over 10.000 tonnes per annum. Under the same roof, dry fruits and ingredients worldwide are combined for **healthy and consumer-friendly snacks.**

Our dedication to safety and quality standards is only matched by our commitment to **fair trade and sustainability.** Therefore, we ensure that all **KURME products are ethically produced and fully comply with BRC (A Grade) food safety standards.**





RAW FRUIT BARS

RAW FRUIT BITES

DRIED FRUITS IN SEPARABLE 3 PORTIONS

DRIED FRUITS IN DOYPACK

TAPAS



RAW FRUIT BARS



RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



Pack Dimension (cm)	Delivery Carton Dimension (cm)	g / Pack	Pack / Box	Box / Carton	Carton / Pallet (80x120)	Carton / Pallet (100X120)
11.5x1.1x4.7	25x18x29	30	12	12	140	175

RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



ORANGE & APPLE & CINNAMON

Ingredients: Dried Figs (30%), Dates (28%), Sultanas (22%), Sunflower Seeds (10%), Dried Apples (5%), Dried Oranges (3%), Cinnamon (1%), Chia Seeds (1%).

Nutrition Information per 100gr:

Energy: 1250 kJ/299 kcal, Total Fat: 5.7 g (of which saturates: 0.5 gr), Total Carbohydrate: 65.0 g (of which sugars: 49.0 g), Fibre: 8.6 g, Protein: 4.4 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 30 gr.



COCONUT & ALMOND & COCOA

Ingredients: Dates (57%), Coconut (25%), Cocoa (8%), **Almonds (6%)**, Date Syrup (3%), Chia Seed (1%).

Nutrition Information per 100gr:

Energy: 1639 kJ/392 kcal, Total Fat: 21.0 g (of which saturates: 15.0 gr), Total Carbohydrate: 58.0 g (of which sugars: 42.0 g), Fibre: 12.0 g, Protein: 5.8 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 30 gr.



GOJIBERRY & APRICOT

Ingredients: Dates (40%), Sultanas (25%), Sundried Apricots (15%), Sunflower Seed (15%), Gojiberries (5%).

Nutrition Information per 100gr:

Energy: 1361 kJ/325 kcal, Total Fat: 7.7 g (of which saturates: 0.8 gr), Total Carbohydrate: 66.0 g (of which sugars: 53.0 g), Fibre: 6.7 g, Protein: 5.5 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 30 gr.

RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



CHIA & ALMOND & COCOA

Ingredients: Dates (74%), Almond (10%), Cocoa (8%), Chia Seed (8%).

Nutrition Information per 100gr:

Energy: 1349 kJ/322 kcal, Total Fat: 8.9 g (of which saturates: 1.3 gr), Total Carbohydrate: 66.0 g (of which sugars: 50.0 g), Fibre: 12.0 g, Protein: 6.4 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 30 gr.



MULBERRY & ALMOND

Ingredients: Date (63%), Mulberries (20%), Almonds (16%), Natural Vanilla Aroma (1%).

Nutrition Information per 100gr:

Energy: 1284 kJ/307 kcal, Total Fat: 8.7 g (of which saturates: 0.6 gr), Total Carbohydrate: 59.0 g (of which sugars: 50.0 g), Fibre: 7.0 g, Protein: 5.1 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 30 gr.

RAW FRUIT BITES



RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



Pack Dimension (cm)	Delivery Carton Dimension (cm)	g / Pack	Pack / Box	Box / Carton	Carton / Pallet (80x120)	Carton / Pallet (100X120)
22x10x2	10x24.7x8.7	40	12	8	72	90

RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



COCONUT & COCOA

Ingredients: Dates (92%), Cacao (4%), Coconut Coating (4%).

Nutrition Information per 100gr:

Energy: 1464 kJ/350 kcal, Total Fat: 3,3 g (of which saturates: 1 gr), Total Carbohydrate: 79 g (of which sugars: 67 g), Fibre: 8 g, Protein: 3,8 g, Salt: 0.

Keep in a dry cool place. Weight: 40 gr.



PEPPERMINT & COCOA

Ingredients: Dates (91,975%), Cocoa (8%), Mint oil (0,025%).

Nutrition Information per 100gr:

Energy: 1391 kJ/333 kcal, Total Fat: 1,2 g (of which saturates: 0,6 gr), Total Carbohydrate: 80 g (of which sugars: 66 g), Fibre: 8,7 g, Protein: 4,4 g, Salt: 0.

Keep in a dry cool place. Weight: 40 gr.

RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



CHOCOLATE & FIG & HAZELNUT

Ingredients: Fig (77%), Chocolate (15%), Hazelnut (8%).

Nutrition Information per 100g:

Energy: 1345 kJ/322 kcal, Total Fat: 9,9 g (of which saturates: 2,8 gr), Total Carbohydrate: 60 g (of which sugars: 45 g), Fibre: 9,1 g, Protein: 4,4 g, Salt: 0.

Keep in a dry cool place. Weight: 40 gr.



ORANGE & APRICOT & FIG

Ingredients: Apricot (50%)(Dried Apricots 99,8%, Sulphure Dioxide 0,02%), Fig (40%), Orange (10%).

Nutrition Information per 100gr:

Energy: 1045 kJ/250 kcal, Total Fat: 0,4 g (of which saturates: 0 gr), Total Carbohydrate: 66,4 g (of which sugars: 53,2 g), Fibre: 8,3 g, Protein: 2,9 g, Salt: 0.

Keep in a dry cool place. Weight: 40 gr.

**DRIED FRUITS
IN SEPARABLE
3 PORTIONS**



RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



Pack Dimension (cm)	Delivery Carton Dimension (cm)	g / Pack	Pack / Box	Box / Carton	Carton / Pallet (80x120)	Carton / Pallet (100X120)
15.2x10x2.5	29x16.5x11.5	90-75	12	NA	342	432

RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



MIXED NUTS & DRIED FRUITS

Ingredients: Dried Apricots, Dates, Dried Figs, **Almonds, Hazelnuts , Sulphur Dioxide.**

Nutrition Information per 100gr:

Energy: 1518 kJ/363 kcal, Total Fat: 17.2 g (of which saturates: 1.3 gr), Total Carbohydrate: 52.6 g (of which sugars: 41 g), Fibre: 8.6 g, Protein: 7.4 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 90 gr.



DRIED APRICOTS

Ingredients: Dried Apricots, Potassium Sorbate, **Sulphur Dioxide.**

Nutrition Information per 100gr:

Energy: 938 kJ/224 kcal, Total Fat: 0 g (of which saturates: 0.0 gr), Total Carbohydrate: 59 g (of which sugars: 49 g), Fibre: 6.5 g, Protein: 2.8 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 90 gr.

RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



DRIED APRICOTS & FIGS & DATES

Dried Apricots Ingredients: Dried Apricots, Potassium Sorbate, **Sulphur Dioxide.**

Nutrition Information per 100gr:

Energy: 938 kJ/224 kcal, Total Fat: 0 g (of which saturates: 0.0 gr), Total Carbohydrate: 59 g (of which sugars: 49 g), Fibre: 6.5 g, Protein: 2.8 g, Salt: 0.0 gr.).

Dried Figs Ingredients: Dried Figs, Potassium Sorbate.

Nutrition Information per 100gr:

Energy: 970 kJ/231 kcal, Total Fat: 0.9 g (of which saturates: 0.0 gr), Total Carbohydrate: 60 g (of which sugars: 45 g), Fibre: 9.3 g, Protein: 3.3 g, Salt: 0.0 gr.

Dates Ingredients: Dates.

Nutrition Information per 100gr:

Energy: 1160 kJ/277 kcal, Total Fat: 0 g (of which saturates: 0.0 gr), Total Carbohydrate: 75 g (of which sugars: 67 g), Fibre: 7 g, Protein: 1.8 g, Salt: 0.0 gr.

Keep in a dry cool place.

Weight: 90 gr.

RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



DRIED APRICOTS & FIGS & WALNUTS

Dried Apricots Ingredients: Dried Apricots, Potassium Sorbate, **Sulphur Dioxide.**

Nutrition Information per 100gr:

Energy: 938 kJ/224 kcal, Total Fat: 0 g (of which saturates: 0.0 gr), Total Carbohydrate: 59 g (of which sugars: 49 g), Fibre: 6.5 g, Protein: 2.8 g, Salt: 0.0 gr.).

Dried Figs Ingredients: Dried Figs, Potassium Sorbate.

Nutrition Information per 100gr:

Energy: 970 kJ/231 kcal, Total Fat: 0.9 g (of which saturates: 0.0 gr), Total Carbohydrate: 60 g (of which sugars: 45 g), Fibre: 9.3 g, Protein: 3.3 g, Salt: 0.0 gr.

Walnuts Ingredients: Walnuts.

Nutrition Information per 100gr:

Energy: 2750 kJ/655 kcal, Total Fat: 65 g (of which saturates: 0.0 gr), Total Carbohydrate: 15 g (of which sugars: 2.5 g), Fibre: 7.5 g, Protein: 15 g, Salt: 0.0 gr.

Keep in a dry cool place.

Weight: 90 gr.

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DRIED APRICOTS & FIGS & PRUNES

Dried Apricots Ingredients: Dried Apricots, Potassium Sorbate, **Sulphur Dioxide.**

Nutrition Information per 100gr:

Energy: 938 kJ/224 kcal, Total Fat: 0 g (of which saturates: 0.0 gr), Total Carbohydrate: 59 g (of which sugars: 49 g), Fibre: 6.5 g, Protein: 2.8 g, Salt: 0.0 gr.).

Dried Figs Ingredients: Dried Figs, Potassium Sorbate.

Nutrition Information per 100gr:

Energy: 970 kJ/231 kcal, Total Fat: 0.9 g (of which saturates: 0.0 gr), Total Carbohydrate: 60 g (of which sugars: 45 g), Fibre: 9.3 g, Protein: 3.3 g, Salt: 0.0 gr.

Dried Prunes Ingredients: Dried Prunes, Potassium Sorbate.

Nutrition Information per 100gr:

Energy: 1034 kJ/247 kcal, Total Fat: 1.1 g (of which saturates: 0.0 gr), Total Carbohydrate: 66 g (of which sugars: 51 g), Fibre: 7 g, Protein: 2.3 g, Salt: 0.0 gr.

Keep in a dry cool place.

Weight: 90 gr.

DRIED FRUITS IN DOYPACK



RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



Pack Dimension (cm)	Delivery Carton Dimension (cm)	g / Pack	Pack / Box	Box / Carton	Carton / Pallet (80x120)	Carton / Pallet (100X120)
14.6x17.6x5	15.5x39.5x18	200	12	NA	165	198

RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



SOFT DRIED APRICOTS

Ingredients: Dried Apricots, Preservatives (Sulphur Dioxide, Potassium Sorbate).

Nutrition Information per 100gr:

Energy: 938 kJ/224 kcal, Total Fat: 0 g (of which saturates: 0.0 gr), Total Carbohydrate: 59 g (of which sugars: 49 g), Fibre: 6.5 g, Protein: 2.8 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 200 gr.



DRIED SULTANAS

Ingredients: Turkish Sultananas, Vegetable Oil.

Nutrition Information per 100gr:

Energy: 1252 kJ/299 kcal, Total Fat: 0.5 g (of which saturates: 0.0 gr), Total Carbohydrate: 79 g (of which sugars: 59 g), Fibre: 4 g, Protein: 3 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 200 gr.



SOFT DRIED DATES

Ingredients: Pitted Dates.

Nutrition Information per 100gr:

Energy: 1160 kJ/277 kcal, Total Fat: 0 g (of which saturates: 0.0 gr), Total Carbohydrate: 75 g (of which sugars: 67 g), Fibre: 7 g, Protein: 1.8 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 200 gr.

RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



SOFT DRIED FIGS

Ingredients: Dried Figs, Preservative (Potassium Sorbate).

Nutrition Information per 100gr:

Energy: 970 kJ/231 kcal, Total Fat: 0.9 g (of which saturates: 0.0 gr), Total Carbohydrate: 60 g (of which sugars: 45 g), Fibre: 9.3 g, Protein: 3.3 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 200 gr.



SOFT DRIED PRUNES

Ingredients: Pitted Dried Prune, Preservative (Sorbic Acid).

Nutrition Information per 100gr:

Energy: 1005 kJ/240 kcal, Total Fat: 3.2 g (of which saturates: 0.0 gr), Total Carbohydrate: 64 g (of which sugars: 38 g), Fibre: 7 g, Protein: 2.2 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 200 gr.



MIXED NUTS & DRIED FRUITS

Ingredients: Dried Apricots, Dates, **Almonds**, **Hazelnuts**, Dried Figs, **Sulphur Dioxide**, Rice Flour.

Nutrition Information per 100gr:

Energy: 1518 kJ/363 kcal, Total Fat: 17.2 g (of which saturates: 1.3 gr), Total Carbohydrate: 52.6 g (of which sugars: 41 g), Fibre: 8.6 g, Protein: 7.4 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 200 gr.

TAPAS

RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



KURME



Pack Dimension (cm)	Delivery Carton Dimension (cm)	g / Pack	Pack / Box	Box / Carton	Carton / Pallet (80x120)	Carton / Pallet (100X120)
8.5x1x8.5	40x20x21	60	24	6	120	120

RAW • NO SUGAR ADDED • GLUTEN FREE • VEGAN



FIGS PASTE & WALNUTS

Ingredients: Dried Figs (85%), Walnuts (15%).

Nutrition Information per 100gr:

Energy: 1297 kJ/310 kcal, Total Fat: 10.6 g (of which saturates: 0.8 gr), Total Carbohydrate: 57.0 g (of which sugars: 41.0 g), Fibre: 9.6 g, Protein: 1.3 g, Salt: 0.0 gr.

Keep in a dry cool place. Weight: 60gr.



APRICOT PASTE & ALMOND

Ingredients: Dried Apricots (84.8%), Almonds (raw) (15%), Sulphur Dioxide (0.2%)

Nutrition Information per 100gr:

Energy: 1233 kJ/310 kcal, Total Fat: 8.0 g (of which saturates: 0.8 g), Total Carbohydrate: 56.0 g (of which sugars: 46.0 g), Fibre: 7.6 g, Protein: 5.9 g, Salt: 0.0 g.

Keep in a dry cool place. Weight: 60gr.



DKG Gıda San. Ve Tic. Ltd. Şti.

Kazim Dirik Mah. 296/2 Sok. No:33 35100 Bornova İzmir Turkey

www.kurmesnacks.com

Phone: +90 232 328 37 27 E mail: info@kurmesnacks.com